www.edendorkps.com

Edendork Primary School
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Dear Parents,

Relationships and Sexuality Education (RSE) is a statutory component of the NI Curriculum area PDMU (Personal Development and Mutual Understanding).

Over the last number of years, the Council for Catechetics of the Irish Bishops, has been engaging with principals, governors, teachers and parents in developing an RSE resource for use in Catholic Primary Schools. The RSE Primary resource for Catholic schools is called *Flourish* and commencing from this term will be used with all classes in Edendork from Primary 1 (Junior Infants) to Primary 7 (Fifth Class).

Topics being covered in the Flourish RSE Programme are as follows:

Primary 1 (JUNIOR INFANTS)
Myself
• I am Me – God loves me.
• I have a wonderful body. My body is a gift from God. I must look after it.
Myself and Others
• I have a family. We love each other. Jesus had a family too.
Myself and the Wider World
• I have friends. Jesus is my friend.

Primary 2 (SENIOR INFANTS)
Myself
• I am growing. My body is changing. God loves us as we grow and change.
• I keep myself safe. I look out for other people. Jesus asked us to care for each other.
Myself and Others
• I have feelings. Others have feelings too. I want to be a good friend. I am kind like Jesus.
Myself and the Wider World
• Sometimes I need help. I ask for help. I can always ask for God's help.

Primary 3 (FIRST Class)

Myself

• I am unique. God loves me as I am.
Myself and Others
• Other people are special too. I respect other people. Jesus wants us to respect everyone.
• My space, your space. I am gentle and understanding as Jesus asked me to be.
Myself and the Wider World

• Some people are not as lucky as I am. I care about them too. Jesus cared for others.

Primary 4 (SECOND Class)

Myself

• My body is amazing. I am grateful to God for all that I can do.

Myself and Others

• I am loyal to my friends. I don't let them down. Jesus asked us to be loyal.

Myself and the Wider World

• People I admire. There are lots of good people. Jesus was a role-model.
• Dangerous situations. What should I do? Who can help?

Primary 5 (THIRD Class)

Myself

• My gender is part of who I am. God loves me as I am.

Myself and Others

• Different types of friendships. Jesus had many friends.
• I support my friends.

Myself and the Wider World

• My neighbourhood – showing love to everyone. God wants us to show love in many different ways.

Primary 6 (FOURTH Class)

Myself

• I am growing into my adult body. God designed me perfectly.
• Good choices, bad choices. The choice is mine. My conscience will guide me.

Myself and Others

• My words and actions can hurt others. Jesus asks us to use words and actions carefully.

Myself and the Wider World

• We need to look after the earth. The environment is God's creation. He asked us to look after it.

Primary 7 (FIFTH Class)

Myself

• My sexuality is part of who I am. God loves me as I am.
• Puberty – welcome changes. I am perfectly designed by God.

Myself and Others

• I am attracted to other people. I respect them. God made us to be compatible with each other.

Myself and the Wider World

• Social media can be good and bad. Respect is the key. God wants us to respect each other.

If you require any further details or indeed do not wish your child to avail of this programme, please do not hesitate to contact me or your child's class teacher.

Yours Sincerely

Anne Mc Alinden

Mrs Anne Mc Alinden
Principal